

Personal Care that Makes Independent Living Possible

When a loved one who would benefit from support to live safely and independently at home, Interim HealthCare® makes it possible. Our Personal Care and Support Services are designed to help individuals with everyday needs that enable them to live an engaged life in the comfort of home.

Daily Care Designed with Your Loved One in Mind

Everyone's needs are different. When the activities of daily living become a challenge, Interim offers a real solution. Whether it's due to the natural aging process, a decline in health, recovery from surgery, a chronic condition or memory loss, our compassionate caregivers will provide the daily support individuals need to make living at home a little bit easier.

As the nation's first home care company, Interim HealthCare has been a source of strength and support to seniors living at home since 1966. Our holistic approach to care thoughtfully engages the mind, body, spirit, and family to provide a highly personalized care experience. We call it HomeLife Enrichment® (HLE) and it delivers an unmatched level of care to the clients and families we serve.

HomeLife

ENRICHMENT®



Caring for their mind is central to our care process. By integrating mind-sharpening activities into each day, we're able to stimulate the brain's function and inspire mental engagement. This includes:

- Providing cognitive care education to caregivers
- Medication reminders
- Enjoying word puzzles and games together
- Prompting them about meal times
- Reminiscing about life & sharing stories
- Instructing them on home safety





BODY

Caring for their physical needs is crucial to remaining independent at home. Our caregivers will be there to help strengthen their body and assist them with the activities of daily living. This includes:

- Bathing, dressing & personal hygiene
- Transferring, positioning & mobility
- Shopping & light housekeeping
- Preparing nutritious and familiar meals
- Exercising & gentle movements
- Providing transportation to appointments



SPIRIT

Care that lifts their spirit is the most compassionate form of care. At Interim, our caregivers look for ways to bring meaning and joy to each day. This includes:

- Providing companionship
- Engaging in hobbies & interests
- Listening to music together
- Exploring virtual attractions & locations
- Painting, drawing & making crafts
- Recognizing signs of depression



FAMILY

Involving family in the care process produces better results. When family members know how to manage daily challenges, it reduces their anxiety and creates a stronger support system for their loved one. This includes:

- Coaching family on their condition
- Providing resources & support
- Demonstrating care techniques
- Communicating openly about concerns
- Offering guidance on diets & exercise
- Being accessible & responsive to needs

Qualified Caregivers Matched to Their Needs

When an individual invites someone into their home, compatibility and trust are important. At Interim HealthCare, we ensure every home care aide and companion is well-matched not only to their physical needs but their personal interests as well. This creates a stronger connection between our caregivers and clients, and ultimately a better care experience.

Every caregiver we employ must pass through a rigorous selection process that includes personal interviews, skill assessments, reference checks, background checks and drug screenings. What's more, they are bonded and insured, fully orientated on their needs and committed to our HLE standard of care. So, everyone can have peace of mind knowing the caregivers we provide are qualified, trustworthy and well-suited to your loved one's needs.

The Right Choice for So Many Reasons

While Interim HealthCare is a leader in home care, we never lose sight of who's most important—our clients. Building on 50+ years of compassionate care, we are locally owned with a heart for the people in our community. Moreover, our HLE approach raises the caliber of care to a whole new level. Whether they need care a few hours a week or 24-hours-a-day, Interim can help them live a safe, independent and fully engaged life. Call us today to learn more!